

8-9pm, Wednesdays at University Club, 11 Mansfield Rd, Oxford. OX1 3SZ

Enjoy weekly dance sessions for contact improvisation - classes, dances & creative dancing. Experienced dancers and beginners welcome. Price: £ 7 or £ 5 concessions.

Contact improvisation originated in the 1970's and has now spread throughout the world. It's often taught in university dance courses but it's easy to learn and fun. An improvised dance – a dialogue in movement – which has a fluid and dynamic form. Wear loose clothing & bring a water bottle.

All life a dance; everyone a dancer; every moment a dance

Oxford Contact Dance www.contactdance.org